



Hemorrhoids & Homeopathy

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I recently received a call from a doctor who had just begun using homeopathy in his practice. He was most excited about one of his first cases, where he gave a hemorrhoid formula to a patient who was reluctantly scheduled for a hemorrhoidectomy that week. Three days later, the patient returned, tickled to life, claiming his hemorrhoids were healed!

A month later, the doctor called me again, totally ecstatic. He shared that, since his first hemorrhoid case, he had seen more hemorrhoid cases than spinal cases. Better yet, he said, "I don't even have to look at them!"

He said the referrals had been going through the roof and he felt revived from an all-time low in his 14-year-old practice. The doctor had previously been seeing about 150 patients per week and was now seeing 250 per week. And, best of all, he was really enjoying his practice again, and helping people with a diversity of problems he never thought possible.

This doctor inspired me to focus this article on simple ways the chiropractor can safely and effectively manage hemorrhoids with homeopathy.

Hemorrhoids, or fibrovascular cushions, are part of the normal anatomy and physiology within the anal canal. They are important in differentiating liquid, solid and gas. They perform important functions in maintaining continence during the presence of increased intrarectal pressure. Also, as an individual coughs, strains or sneezes, the fibrovascular cushions engorge and prevent unwanted leakage. It is wise to communicate the value and purpose of hemorrhoid tissue as a normal part of anorectal anatomy and physiology, and their importance in our complex continence mechanisms. Therefore, it is important to know that surgical removal may result in varying degrees of incontinence, which is known to become worse with age.

More than half the world's population will develop hemorrhoid problems. Ten

million people in the United States currently have the problem. The peak problematic ages range from 45-65 years. The most common symptoms are itching in the anal area, a protruding lump, bright red bleeding during a bowel movement and pain in the localized area.

Homeopathic Solutions

Homeopathy provides a fresh, safe, all natural, noninvasive and curative approach for this perplexing problem of hemorrhoids. The noninvasive more curative approach should always be applied first, by every conscientious physician.

A well-formulated homeopathic will address the greater majority of hemorrhoid related problems. The following is a priority list of generically named formulations that will address the underlying causes of hemorrhoids. Most homeopathic companies offer related products.

| | |
|------------------|--------------------|
| • Hemorrhoid | • Constipation |
| • Diarrhea | • Vein |
| • Artery | • Detox & Drainage |
| • Constitutional | |

You, the doctor, can recommend the products that best match your patients' needs. If you want to go beyond the cook book approach, our reflex response tests, using leg length or muscle test, will give you confirmations as to which products your patient needs and doesn't need.

Dosages

For acute cases, I recommend taking, orally, at least six-to-eight times per day until significant improvement is experienced. Reflex response tests can confirm the specific formulas to use, when to increase dosage or decrease dosage, when to stop, and when to restart a formula to maximize curative potential.

Topical dosages can also be applied, when appropriate. Patients prefer the oral

"Don't let your bathroom become your library..."



Hemorrhoids are commonly a secondary complaint associated with either chronic constipation or diarrhea. Correcting the cause of these problems will help correct the cause of hemorrhoids; *i.e.*, adjusting bowel habits, improving eating habits to include appropriate roughage, increasing fluid intake, eliminating food allergies, and adding homeopathic formulas to maximize health in these areas.

1. Certain medications can cause constipation, such as codeine, narcotic pain pills, certain high blood pressure medicines and any anti-cholinergic medicines.

2. Excessive cleansing of the anal area with soap can remove the natural oils from this area and increase friction when you move, walk, *etc.* It is of utmost importance to keep this area naturally lubricated and to add natural ointments when needed.

3. With protruding hemorrhoids, don't use dry, cheaper toilet tissue. Wet tissues with added lotion are best. You may also consider the use of a bidet.

4. Last, but not least, don't let your bathroom become your library. A recent poll identified the bathroom as the most common reading site in the United States. Excessive sitting on the pot can weaken rectal structures! A good rule is, if you haven't any movement in a minute or two, get up, and try again later.

delivery over the topical. However using the spray delivery, topically, is a highly appreciated advancement.

I explain to the patient how homeopathy works from the inside out, as well as

from the outside in, to bring a greater correction of the problem.

If results are not experienced within a few weeks of applying all the related formulas, you should differentially diagnose or refer to a specialist to rule out other anorectal problems, such as fissures, fistulae or condylomata. In patients with family history of colorectal cancer, a further evaluation including the GI tract, to rule out neoplasia, is mandatory.

Hemorrhoids & Pregnancy

Use of homeopathy offers the test-of-time assurance of safety and efficacy beyond any other form of health care. Homeopathy is so safe and effective, I say to my pregnant patients that we are actually treating two for the price of one! With homeopathy, the problems or weaknesses you correct with the mother you can be correcting with the unborn infant as well. In fact, homeopathy works so gently, and yet so deeply, that even inherited weaknesses can often be corrected. Homeopathic treatment can help assure a more positive pregnancy experience. **TAC**

Frank J. King Jr., N.D., D.C., is a nationally recognized researcher, author, lecturer, and founder of King Bio Pharmaceuticals, a registered homeopathic manufacturing company dedicated to completing chiropractic destiny with the marriage of homeopathy. Dr. King offers a free copy of his turnkey procedural manual, called "The Chiropractic Enhancer System" (CES), with any of the simple start up specials. This complete manual empowers the chiropractor to create a high volume broad-spectrum practice, and can be used with any homeopathic company's product line. Call King Bio Pharmaceuticals, Asheville, NC, 1-800-543-3245 or e-mail drking@kingbiochiro.com.

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